



# Sign up for important updates from Kassandra Buras.

Get information for **NMHSRA EXTENDED FAMILY 2019-2020** right on your phone—not on handouts.

Pick a way to receive messages for **NMHSRA EXTENDED FAMILY 2019-2020**:

**A** If you have a smartphone, get push notifications.

On your iPhone or Android phone, open your web browser and go to the following link:

[rmd.at/nmhsra3](https://rmd.at/nmhsra3)

Follow the instructions to sign up for Remind. You'll be prompted to download the mobile app.

A graphic of a smartphone displaying a web browser. The address bar shows "rmd.at/nmhsra3". The page content includes the heading "Join NMHSRA EXTENDED FAMILY 2019-2020", a "Full Name" label with a text input field containing "First and Last Name", and a "Phone Number or Email Address" label with a text input field containing "(555) 555-5555".

**B** If you don't have a smartphone, get text notifications.

Text the message **@nmhsra3** to the number **81010**.

If you're having trouble with **81010**, try texting **@nmhsra3** to **(706) 225-8161**.

*\* Standard text message rates apply.*

A graphic of a smartphone displaying a text messaging app. The "To" field contains the number "81010". The "Message" field contains the text "@nmhsra3".

Don't have a mobile phone? Go to [rmd.at/nmhsra3](https://rmd.at/nmhsra3) on a desktop computer to sign up for email notifications.